

Telemarkskarusellen #4



Frilidrett
&
Triathlon

Starttid	G-10	G-11	G-12	G-13	G-14	G-15	G-16	G-17	G-18/19	J-10	J-11	J-12	J-13	J-14	J-15	J-16	J-18/19	Tid
18:00					300 m hekk(2)		Tresteg(4)							300 m hekk(1)	Tresteg(2)	Tresteg(1)	Tresteg(1)	18:00
18:10	80 m(3)	80 m(1)								80 m(1)	80 m(1)							18:10
18:15												100 m(1)	100 m(6)	Slegge(10)				18:15
18:25			100 m(4)	100 m(3)														18:25
18:35					100 m(3)		100 m(5)	100 m(1)	100 m(1)		Tresteg(1)	Tresteg(3)	Tresteg(5)					18:35
18:45															100 m(4)	100 m(1)	100 m(1)	18:45
18:55		Slegge(2)	Slegge(3)	Slegge(2)	Slegge(4)									100 m(8)				18:55
19:05														Tresteg(8)				19:05
19:35											Slegge(1)	Slegge(1)	Slegge(7)					19:35
19:40		Tresteg(2)	Tresteg(3)	Tresteg(2)	Tresteg(1)													19:40
19:45								800 m(1)							800 m(1)			19:45
20:05	600 m(3)		600 m(2)	600 m(3)	600 m(1)	Slegge(1)	Slegge(1)	Slegge(1)							Slegge(2)	Slegge(1)		20:05
20:20										600 m(1)	600 m(1)	600 m(1)	600 m(3)	600 m(3)				20:20